

# ‘Be all you can be’

A four week individualised learning programme for pupils in Key Stage 4,  
running for 5 days per week.

Various start dates from September 2012

## Aim:

To identify ‘what makes a difference to you’ and begin to address some of the issues/ barriers that individuals face in learning and in life.

## Outcome:

The young people enrolled on this six week course will learn valuable skills and tools to support them to succeed in achieving their goals. They will also gain an accredited Level 1 Bronze Arts Award qualification (6.3 school performance target points).

## Process:

Young people will attend the centre from Monday to Friday for six weeks. The day will begin at 9.00am and run until 14.30. During this time they will be involved in a number of different workshops/ sessions. These may include any number of the following:

*Anger Management • Coping with Change • Drugs & Alcohol Awareness •  
Self-harm & body image • Health & Wellbeing •  
Career goals & aspirations • Post 16 Destinations • Inspirational Speakers •  
School Values; Expectations & Support • Key Life Skills • Achieving success •  
Overcoming Barriers • Arts & Drama Therapy •  
And many more...*

The programme ends with a Celebration event for school staff, parents and carers so they can see what the young person has achieved.

## Attendees:

This programme is open to young people in school years 9 & 10 who have become disengaged from their education in school.

*Places are limited, so book early to secure your place!*

## Costs:

£75 per day per pupil (plus VAT). This is for the full 6 week programme (including daily breakfast & accreditation fees).

## Contact:

For further information or to book a place, please contact:

**Dawn Joseph**

Centre Manager

Tel: 0113 2659414

Email: [naomi@aspire-achieve.com](mailto:naomi@aspire-achieve.com)

